



Our Kitchen Table - The Banerjee Family **Photo credit – [Ian Bickerstaff](#)**

Who is in our family

Banny, Varsha and Premika Banerjee

What we are eating

Croissants and pink chocolate

Respect for older family members

Within Banny and Varsha's family, respect for parents and elderly family members has been a strong part of the children's upbringing and is something that they consider to be of paramount importance. It is passed on through the generations and Banny and Varsha have instilled in their two daughters and they hope it will be continued on with their children. Even though values change from one generation to the next and people do things differently as times progress, or as they are influenced by new cultures, it is possible to keep traditions alive so respect for one's parents and inclusion of them in family life are important ways to maintain strong family bonds.

The Kitchen Table is an initiative of Celebrate Ageing Ltd, a charity combatting ageism and building respect for older people. The aim of #TheKitchenTable is to promote respect for older people in families. The project documents portraits of families at their kitchen table and their stories about who is in their family, what they are eating and how respect for older people in their family is shown. More information on the project webpage: celebrateageing.com/kitchentable