



Our Kitchen Table - The Kahraman Family

My grandparents are visiting us. Mom and dad wanted to take them out for dinner. We must have ordered fish as everything else on the table looks like they would go well with fish! I'm too young to drink but they drink rakı. Rakı is very similar to ouzo and requires a big table with dips and fruits as well as people we love. It becomes a feast where we enjoy each other's company, sing and connect. Whether people prefer to drink or not, having dinner together as a family is a cultural value in Turkey.

What happens in traditional families in turkey, the younger family members prepare the food and they wait until the older people have come to the table before they eat. It is important to have dinner together as a family. My mum it was important to her to have family dinner to have connections between older and younger generations.

The Kitchen Table is an initiative of Celebrate Ageing Ltd, a charity combatting ageism and building respect for older people. The aim of #TheKitchenTable is to promote respect for older people in families. The project documents portraits of families at their kitchen table and their stories about who is in their family, what they are eating and how respect for older people in their family is shown. More information on the project webpage: celebrateageing.com/kitchentable