



## **Our Kitchen Table - The O'Neill-Marshall Family**

### **What we are eating**

Jam and cream tarts.

### **Respect for older family members**

In my family I feel I can be who I am, which is probably the basis of being respected. I can pretty much say what I want to say. I can be asked by my family to do things for them, and they trust that I will do things for them. I can say no when I want to.

We enjoy having conversations with our family. When family take even just a few seconds to have a conversation – whether it's about the weather or whatever else is happening it's very important. I feel my family is listening. My relationship with Jacqui is a big part of my life and it's important that I am able to be me in my family and that the rest of the family show respect for me and for Jacqui and for us as a couple. Our coming together has been really welcomed and respected by just about everyone in our family. That we can still at our age we can share a loving relationship together is a beautiful thing.

The Kitchen Table is an initiative of Celebrate Ageing Ltd, a charity combatting ageism and building respect for older people. The aim of #TheKitchenTable is to promote respect for older people in families. The project documents portraits of families at their kitchen table and their stories about who is in their family, what they are eating and how respect for older people in their family is shown. More information on the project webpage: [celebrateageing.com/kitchentable](http://celebrateageing.com/kitchentable)