



Our Kitchen Table - The Soe Reh Family

Respect for older family members

Mr Soe Reh has no children, so he lives with us. I am his niece. In Karen culture we would usually eat together on the table. When we eat - before the young people get the food by themselves, they put food on the older person's plate. If they can't eat together, the young people will take food to the older family member first before they eat. Also, they always listen to the older people and give respect and dignity.

The Kitchen Table is an initiative of Celebrate Ageing Ltd, a charity combatting ageism and building respect for older people. The aim of #TheKitchenTable is to promote respect for older people in families. The project documents portraits of families at their kitchen table and their stories about who is in their family, what they are eating and how respect for older people in their family is shown. More information on the project webpage: celebrateageing.com/kitchentable